

## **Experienced Perinatal Psychologist/Mental Health Social Worker to work at Gidget House Shellharbour, Illawarra Region**

We offer immediate or flexible start dates, client sourcing, administrative support and service promotion. No rental or overheads contribution is required.

### **The Position:**

We're looking for Clinical Psychologists, Registered Psychologists or accredited Mental Health Social Workers to deliver face to face psychological support at Gidget House, Shellharbour, located at Stockland Shellharbour shopping Centre. Our organisation works alongside our strong partnership with Karitane also located in the same facility.

Our specialist perinatal (conception to one year postpartum) clinicians provide a wide range of individual, couple and parent-infant therapies to women and their partners. In addition to pre-conception counselling, we offer services to those experiencing, or at risk of developing, perinatal depressive, anxiety and trauma or stressor-related disorders. Support is also provided to women and their partners who have experienced a pregnancy or childbirth-related loss, e.g. stillbirth, miscarriage or termination.

The service is delivered through Medicare's Better Access initiative and the remuneration for all clinicians is therefore the affiliated Medicare Rebate. The Foundation offers:

- Full-time or multiple part time contractor positions.
- Centralised appointment booking and management.
- Opportunity to specialise in perinatal mental health and early intervention.
- Group supervision provided by the Gidget Foundation Australia Clinical Team Leader and Professor Bryanne Barnett AM.

### **Requirements:**

- Demonstrated proficiency in comprehensive psychological assessment and evidence-based therapy relevant to expectant and new parents with perinatal mental health issues.
- AHPRA registration with endorsements in psychology or accreditation as a mental health social worker.
- At least 3 years post-registration experience, with specific experience working with perinatal clients or in a complementary field. (For social workers, demonstrated independent caseload management experience with perinatal clients prior to accreditation may be considered).
- Demonstrated ability to work within a recovery-oriented model, utilising a person/family centred approach.
- Demonstrated high level communication, interpersonal and problem-solving skills.
- Ability to work independently under approved professional supervision.
- Effective caseload management.

### **The Foundation:**

Gidget Foundation Australia is a not-for-profit organisation that supports the emotional wellbeing of expectant and new parents.

"Gidget" was the nickname of a vibrant young mother who tragically took her own life while suffering postnatal depression. She hid her suffering from even her loving family and friends. Together, they created the Gidget Foundation Australia determined that what happened to Gidget would not happen to others.

### **To Apply :**

Please submit your resume and cover letter to [vacancies@gidgetfoundation.org.au](mailto:vacancies@gidgetfoundation.org.au). Referees will be sought upon short list completion.



Please contact Peni Bailey, Gidget House Program Manager for a job description or further enquiries, [peni.bailey@gidgetfoundation.org.au](mailto:peni.bailey@gidgetfoundation.org.au) or 0438761329.

