

We are seeking two full-time **National Perinatal Infant Mental Health Connect and Care Navigator – NSW**, under the classification of Allied Health Level 3 or equivalent Nursing or Psychology

## **ABOUT KARITANE**

Karitane is a leading not-for-profit provider of parenting support services based in NSW. We support parents with children from birth to five years around sleep and settling, establishing routines, feeding and nutrition, toddler behaviour and pre and postnatal anxiety and depression. Karitane delivers this support through residential services, parenting centres, integrated care hubs, community programs, perinatal infant mental health clinics, specialised toddler behaviour clinics and leading-edge virtual care services. We have a centralised intake system where all referrals are triaged and allocated to services that best meet clients' needs.

<b>POSITIONS:</b>	National Perinatal Infant Mental Health Connect and Care Navigator – NSW
<b>HOURS:</b>	Full-time, 38 hours/week to June 30 <sup>th</sup> 2024
<b>OPERATIONAL BASE:</b>	Karitane, Carramar – Digital Health Hub
<b>AWARD:</b>	Allied Health Level 3 or equivalent Nursing or Psychology
<b>VACCINATION CATEGORY:</b>	A
<b>RESPONSIBLE TO:</b>	Responsible to the Manager, Digital Health Hub through to National Director PIMH Connect and Care Service

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## **PURPOSE OF ROLE**

The National Perinatal and Infant Mental Health – Connect and Care Program (NPIMH-CCP) is a transformative care and navigation system.

This is a truly once in a lifetime opportunity to work with the National PIMH Connect and Care Team engaged in the implementation and ongoing development of a new, exciting and highly impactful care navigation service with a leading non-profit parenting support service provider and alongside experienced consortium members.

The team of Perinatal Infant Mental Health place-based navigators will triage and coordinate referrals from around the country, ensuring expansive local knowledge and subsequent location-specific support pathways. Navigators will support a no wrong door approach to service access, be inclusive and engaging of all families – particularly families who experience stigma and blame when they encounter the service system. They will bring a child-centred and collaborative approach to working with families through strength based approaches. They will focus on building adult capacity and working closely with families to help them get to the services they need and to ensure their goals are met. Navigators will use an evidence based and consistent approach to our practice when working directly with families across the consortium.

The Program will provide a national comprehensive, stepped continuum of care for parents particularly those experiencing moderate/severe PIMH concerns, supporting these families to navigate the complex and fragmented PIMH service landscape. This new model will use well-articulated triage criteria to bring national consistency, whilst maintaining place-based flexibility in an ecosystem characterised by numerous providers and services nationally.

NPIMH-CCP Navigators will be based in every state and territory at an Australian Association of Parenting and Child Health (AAPCH) or other partner site. Navigators will work collaboratively with each other, within their host organisation, and across the wider PIMH ecosystem in their

state/territory to connect the full primary, universal, secondary and tertiary PIMH and broader service system and policy landscape unique to each state and territory.

**KEY SELECTION CRITERIA:** (The applicant must address each criteria in their application)

- Current Registration with the Australian Health Practitioners Regulation Agency (AHPRA) (Nursing, Occupational Therapist, Psychologist) or eligibility for membership with the peak professional association (Social Workers).
- Demonstrated understanding of the mental health issues in pregnancy, birth and the postnatal period, including maternal and infant health, parenting, mental health.
- Experience working with families who have young children.
- Demonstrated effective written and verbal communication skills, including computer skills, interpersonal and problem solving skills.
- Demonstrated ability to work in a multidisciplinary team and to liaise with other health professionals to facilitate health services for Aboriginal families and their children.
- Ability to build strong relationships and have a working knowledge of NSW Aboriginal Communities.
- Ability to liaise with perinatal infant mental health and other relevant support services.

#### **CONDITIONS OF EMPLOYMENT**

The majority of Karitane's services close for approximately two weeks over the Christmas/New Year period, during which time employees are required to take leave.

Karitane supports a smoke free environment including grounds, buildings and vehicles. Applicants will have a commitment to EEO and WHS, ethical practice and the principles of cultural diversity.

Relevant Police Check, Working with Children Check, Apprehended Violence Orders and prior employment checks, including relevant disciplinary proceedings, will be conducted on recommended applicants.

#### **Benefits of a career at Karitane**

- Dynamic team
- Innovative organisation
- Certified Family Inclusive Workplace /flexible work environment
- Professional development, support and mentoring
- Opportunity to salary package up to \$16,050 tax free (as not-for-profit and registered charity)
- Additional leave, accrued day off once a month where applicable
- Encouraged to achieve your full potential
- Respected and recognised

#### **Please note:**

- If you work in the NSW Health system your accruals of leave and service can be transferred across to Karitane
- Secondment arrangements within state agencies would also be considered

**Please note:** If your application does not address the selection criteria, your application will not be considered.

Further information about the services Karitane provide plus a full position description of this role can be accessed through our Karitane website: [www.karitane.com.au](http://www.karitane.com.au)

For further information about the position and a confidential discussion, please contact:

Rebecca Gallagher

Digital and Telehealth Innovations Manager.

Tel. (02) 9794-2156 and or 0407 235 498

**Email** [Rebecca.Gallagher1@health.nsw.gov.au](mailto:Rebecca.Gallagher1@health.nsw.gov.au)

**Close date:** Friday 17 September 2021

The culture of Karitane is founded on our values of respect, innovation, collaboration and excellence.