



KARITANE[®]

Linking Families

FAMILY CASE MANAGEMENT SUPPORT

Karitane Linking Families works closely with families living in the Bankstown, Fairfield and Liverpool areas. Our Health Education Officers provide information and support at home or onsite to families expecting a baby or who have a child from birth to 5 years old.

OUR FAMILY CASE MANAGER CAN SUPPORT YOU WITH:

-  Parenting information and advice on topics such as baby cues, routines or transitioning to solids
-  Understanding your child's development. This can include understanding milestones, toddler behaviours and learning through play
-  Referrals and access to community supports such as child and family health, welfare support or mental health services

SUPPORTED PLAYGROUPS

Our supported playgroups are a safe and fun place for you and your child to play, sing, learn and socialise.

OUR TRAINED PLAYGROUP FACILITATORS CAN:

- Provide advice and referral about other services
- Share information on self-care, health and wellbeing
- Educate about child development and behaviour management
- Support your parenting needs and questions
- Provide smalltalk parenting strategies

Multicultural Playgroups are located across South West Sydney.

SCAN THE QR CODE FOR THE CURRENT TIMETABLE

To register, contact the Linking Families Team on:
(02) 9754 2655 Monday – Friday, 8:30am – 5:00pm



KARITANE®

Partnerships made for parents

● **KARITANE CARELINE**

Call 1300 227 464 to speak to a friendly and experienced child and family health nurse.

KARITANE.COM.AU

