



## PARENT CHILD INTERACTION THERAPY TODDLER TRAINING (PCIT-T)

### Training for clinicians to deliver Parent Child Interaction Therapy –Toddlers

Join our five-day interactive workshop and gain the confidence to deliver Parent Child Interaction Therapy –Toddlers in your workplace. Our workshop will provide comprehensive training in PCIT-Toddlers, an attachment-informed early intervention program designed to support caregivers and children presenting with emotional and behavioural concerns in early toddlerhood (12-24 months).

Workshop participants will learn about the PCIT-T model and develop new skills in clinical delivery. Material will be presented through didactic teaching, video and case review material, interactive learning activities, and hands-on-skills practice including live coaching.

The workshop is suitable for:

- Qualified clinicians who have experience working with children and families
- Clinicians who have the capacity to use PCIT-T in their clinical practice
- Clinicians who have no prior experience with standard PCIT or PCIT therapists (certified by PCIT-International)
- PCIT therapists (certified by PCIT-International).

**Part one** of the workshop ('Introduction to PCIT'; days 1-3) is for clinicians who have no prior experience with PCIT. It will comprise an introduction and skills training in the relevant elements of standard PCIT, setting the groundwork for the introduction of PCIT-T specific material in part two.

**Part two** ('PCIT-Toddler training'; days 4-5) will build on the content of Part One and will comprise the PCIT-T specific training (clinicians who have PCIT training and experience can attend Part 2 only).

### Details

Wednesday 21st – Friday 23rd October 2026: **Part 1:** Introduction to PCIT (for clinicians with no prior PCIT training/experience)

Monday 26th and Tuesday 27th October 2026: **Part 2:** PCIT-Toddler training (for all attendees)

8:30am — 5:00pm Via Zoom Presented by Jane Kohlhoff, Nancy Wallace



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## Course pre-requisites

- A tertiary degree in a mental health related field (e.g., psychology, psychiatry, social work, child and family health nursing).
- Experience working clinically with families and young children.
- Capacity to deliver PCIT-T in a clinical setting in the 12 months following the training, and to take two full cases to completion.

## Course description

### Part one: Introduction to standard PCIT

- Overview of standard PCIT (theoretical foundations; evidence-base, major treatment components and adaptations).
- Introduction and training in the Dyadic Parent-Child Interaction Coding System (DPICS).
- Skills training in the delivery of didactic teaching sessions and live parent coaching, with a focus on Child Directed Interaction (CDI) skills.
- Case observations.

### Part two: PCIT-Toddler training

- Overview of PCIT-T (theoretical foundations; evidence-base; major treatment components; PCIT-T as an adaptation of standard PCIT).
- The CDI-Toddler phase: 'C-A-R-E-S' model for coaching parent and child emotional regulation, emotional labeling and coaching, approaches to difficult or aggressive behaviour, promoting caregiver reflection).
- The PDI-Toddlers phase: "Tell-Show-Try Again-Guide" sequence; language enhancement; life enhancement sessions; preparing for graduation.
- Evaluating outcomes: Using the Dyadic Parent-Child Interaction Coding System (DPICS-IV) in PCIT-T; The Devereux Early Childhood Assessment (DECA) for Infants and Toddlers.

### Also included

- Clinical group consultation: 10 fortnightly for 5-day training group and monthly for 2-day training group
- The PCIT-Toddler book and treatment manual (RRP \$AU136)
- Dyadic Parent-Child Interaction Coding System, version 4 (DPICS-IV) clinical manual Dyadic Parent-Child Interaction Coding System, version 4 (DPICS-IV) clinical workbook

## HOW TO APPLY FOR PCIT-T TRAINING

### Step 1

Participants interested in attending this PCIT-T training first need to submit an expression of interest (EOI)

Via Email - [Jane.kohlhoff@unsw.edu.au](mailto:Jane.kohlhoff@unsw.edu.au)

The EOI will include details about your:

- Qualifications
- Clinical experience with children and families
- Current workplace and capacity to provide PCIT-T with at least 2 cases to completion in the 12 months following the training
- Prior training and experience with PCIT
- Reasons for interest in the training

### Step 2

Following a successful EOI submission, you will be invited to participate in the PCIT-T training workshop for either the full five days (i.e. those with no prior experience with PCIT) or for the final 2 days (i.e. for clinicians who are already certified PCIT therapists).

### Step 3

Registration and payment can be made at [www.karitane.com.au](http://www.karitane.com.au).

5 -days workshop \$3080 (AUS) Plus GST

2-day workshop \$1,375 (AUS) Plus GST

### Meet the trainers



Jane Kohlhoff, Ph.D., is a clinical psychologist, Associate Professor in the University of New South Wales School of Psychiatry, and Research Fellow at Karitane. Jane has clinical interests in early intervention and attachment-informed parenting programs. She conducts clinically-oriented research in the areas of perinatal, infant and early childhood mental health, and in recent years has led a program of research at Karitane evaluating outcomes of the PCIT-T model. Jane is a regional PCIT trainer, certified PCIT-therapist and a co-developer of PCIT-T.



Nancy M. Wallace, Ph.D. is a Clinical Psychologist at Karitane. She completed her doctoral degree at West Virginia University (USA) in 2017. Dr Wallace is a co-author of the Parent-Child Interaction Therapy with Toddlers book and is passionate about research, training, and evidence-based practice with young children and families.

### For more information

Email - [Jane.kohlhoff@unsw.edu.au](mailto:Jane.kohlhoff@unsw.edu.au)