

MON	TUES	WED	THURS
<p>Carramar Speech & OT playgroup</p> <p>9.30 - 10.30am: Little Explorers - kids 0-18months & their parents</p> <p>11-12pm: Busy Bees - kids 18months-5years & their parents</p> <p>Open to parents of any age</p> <p>Starts Mon 10th August for 6wks @ the Karitane Hub, Carramar</p>	<p>Tahmoor Young Parent Playgroup</p> <p>10 - 11.30am</p> <p>For parents 25yrs & under & their kids 0-5yrs</p> <p>Starts Tues, 21st July for 10wks</p> <p>Community Links, Tahmoor</p>	<p>Campbelltown Young Parent Playgroup</p> <p>10-11.30am</p> <p>For parents 25yrs & under and their kids 0-5yrs</p> <p>Starts Wed 22nd July for 10wks</p> <p>Village Connect office - Queen St Campbelltown</p>	<p>Mini Mates Inclusive Playgroup</p> <p>9.30 - 11am</p> <p>Open to parents of any age and their kids 0-5yrs</p> <p><i>**This is a sensory safe and all abilities space**</i></p> <p>Starts Thurs 23rd July for 10wks</p> <p>Village Connect office - Queen St Campbelltown</p>
<p>Oran Park Messy Play Young Parents group</p> <p>10-11.30am</p> <p>For parents 25yrs & under & their kids 0-5yrs</p> <p>Starts Mon 27th July for 9wks</p> <p>Julia Reserve youth centre Oran Park</p>	<p>Being a Parent Training</p> <p>12.45- 2.45pm</p> <p>Open to parents of any age with kids aged 2-12yrs</p> <p>Starts Tues 28th July for 9 wks</p> <p>Prairievale Public school</p> <p>Onsite Child minding offered</p>	<p>Miller Playgroup</p> <p>10 - 11.30am</p> <p>Open to parents of any age & their kids 0-5yrs</p> <p>Starts Wed 22nd July for 10wks</p> <p>New location TBA</p> <p>reach out to the team for updates</p>	<p>Seasons for Growth Parent training</p> <p>10-11.15am</p> <p>Open to parents of any age</p> <p>Starts Thurs 27th Aug for 5 wks</p> <p>Big Yellow Umbrella - Narellan</p>
<p>Coffee & Chat social group</p> <p>10 - 11am</p> <p>Open to parents of any age & their kids 0-5yrs</p> <p>Starts Mon 20th July until the end of term.</p> <p>Coffee club Macarthur Square (outside of Lincraft near play area)</p> <p>Coffee is on us!</p>	<p>Counselling with Catholic Care @ Village Connect</p> <p>Fortnightly on Tuesdays</p> <p>Times available: 10am, 11.15am & 12.45pm</p> <p>Village Connect Office Campbelltown</p> <p>Onsite Child minding available</p>	<p>Parenting after trauma training</p> <p>12.30-2.30pm</p> <p>Open to parents of any age with children</p> <p>Starts Wed 26th Aug for 5wks</p> <p>Village Connect office - Queen St Campbelltown</p> <p>Onsite Child minding offered</p>	<p>Wiggle & Wonder (SP/OT)</p> <p>12-1pm</p> <p>For parents aged 25yrs & under with children aged 0- 1yr or younger</p> <p>Starts Thurs 6th Aug for 6 wks</p> <p>Village Connect office - Queen St Campbelltown</p>
<p>Bringing up Great Kids online</p> <p>7-8pm online via teams link</p> <p>Open to parents of any age with children 0-12yrs</p> <p>Starts Mon 10th Aug for 5wks</p>			<p>Teddy Bears Tea Party (SP/OT)</p> <p>1.30pm - 2.30pm</p> <p>For parents aged 25yrs & under with children aged 3yrs - school aged</p> <p>Starts Thurs 6th Aug for 6wks</p> <p>Village Connect office - Queen St Campbelltown</p>
<p>Drop ins/one off events:</p> <p>August:</p> <ul style="list-style-type: none"> Teddy Bears Picnic, Campbelltown Informed & empowered - women's business <p>Sept:</p> <ul style="list-style-type: none"> Love Bites training First Aid Training Teddy Bears Picnic, Tahmoor School Pathways info session, Carramar 	<p>All programs require registration</p> <p>To register, please text us on: 0409 974 577 or email us:</p> <p>KRTNE-VillageConnect@health.nsw.gov.au</p>		<p>Liverpool hospital Antenatal Group</p> <p>12pm - 1.30pm</p> <p>For expectant parents 25yrs & under birthing at Liverpool / Campbelltown Hospital.</p> <p>Starts Thurs 23rd July for 5wks</p> <p>Liverpool Hospital</p>

Wiggle & Wonder (0-12mths)

For parents 25yrs and under.

At Wiggle & Wonder, every session is filled with music, movement & magical sensory moments for you and your baby. Led by our Occupational Therapist, these sessions support your baby's development while creating special opportunities to bond, play and connect with other parents.

Teddy Bear's Tea Party (3+ years)

For parents 25yrs and under.

At Teddy Bear's Tea Party, imagination takes the lead! Led by our OT & SP, sessions are structured and fun — supporting different types of play & social skills, and giving parents simple play ideas for home.

Circle of Security (CoS)

An 8-week course designed to provide you with tools to develop and maintain strong bonds with your child. Learn to understand your child's emotional world by reading their emotional needs, helping them feel secure and fostering a thriving relationship.

FREE Childminding & Snacks provided

Parenting after trauma

A 5 week program (in-person) for parents who've experienced tough or traumatic times. Learn how trauma affects parenting, build trust and healthy attachment with your child, and gain simple, supportive strategies to strengthen your relationship and create a safer home.

FREE Childminding & Snacks provided

Being a Parent (BaP)

For children aged 2-12years!

Want to manage tough behaviours and bond with your kids? Join our 8-week course to learn practical skills for raising confident, happy children. Finish the course, and you could become a paid trainer. Free childcare and meals provided!

Playgroups:

For Children aged 0-5years! Join one of our weekly playgroups – Young Parent or Social Groups. Meet other mums, get support from our team, & enjoy a safe space for your little one to play, sing, learn & connect. Strengthen connections to mob, community, and culture, and help your child get ready for preschool.

Locations: Campbelltown, Oran Park, Miller & Tahmoor

My toddler & me playgroup

For Children aged 1-2years.

Live toddler coaching through play! Join our 8-week toddler parenting group to learn tips for building a strong bond and supporting your toddler's development. Get live coaching and support to help you connect better with your little one.

Liverpool Antenatal, Growing together hub

Are you 25 or under and planning to birth at Campbelltown or Liverpool Hospital? Come along and connect with other young parents as we chat about pregnancy, birth, parenting, housing, relationships, and more - so you feel prepared and supported when bub arrives!

Bringing Up Great Kids & 123 Magic Inclusive

These sessions are a chance to connect with other parents, build strong and nurturing relationships with your kids, learn about early child development, and boost your confidence and parenting skills.

123 magic for parents of children 2-12years

Bringing up great kids for parents of children 0-12years

We'll have free childminding & snacks to make it easier for you to join in.

Busy Bees & Little Explorer's OT & Speech Groups

Got any questions about helping your child grow confidently? Come and play with our Speech Pathologist & Occupational Therapist! We play while talking tips & tricks about how children learn, play, move, speak & act. We offer guidance tailored to your family's needs & to help your child thrive.

Available to access in our groups – talk to us to find out more.

Seasons for Growth

Life comes with ups and downs, let's navigate them together! This small group program, run with our friends at Big Yellow Umbrella, helps parents and their children cope with change, loss, and grief in a safe, supportive space.

Love Bites - Healthy Relationships

Love Bites is a 2-day program for parents, covering healthy relationships, consent, and safe choices. Build confidence, respect, and safety in your relationships. Must attend both days. Free childminding & lunch provided!