

MON

Coffee & Chat Mums social group

10 - 11am

Open to Mums of any age & their children 0-5yrs

Starts Mon 12th Oct - 7th Dec (school term only)

Fresh Break - Macarthur Square
(Infront of Lincraft)
Coffee is on us!

TUES

Counselling with Catholic Care

@ Village Connect

Fortnightly on Tuesdays
1hour appointments

Times available: 10.15am, 11.30am & 1pm

Village Connect Office
Campbelltown

Onsite Creche available

WED

The Dad Pack

Park, play & coffee

9.30 -10.30am

Open to Dads of any age & their children 0-5yrs

Starts Wed 14th Oct - 9th Dec

Campbelltown Location
Further details provided at registration

THURS

Mini Mates Playgroup

Supported by Speech Pathologist and Occupational Therapist

9.30 - 11am

Open to parents of any age & their children 0-5yrs

This is a sensory safe and all abilities space

Starts Thurs 22nd Oct - 10th Dec

Village Connect Office
Campbelltown

Drop in/one off events:

- Love Bites - Oct

Cartwright Playgroup

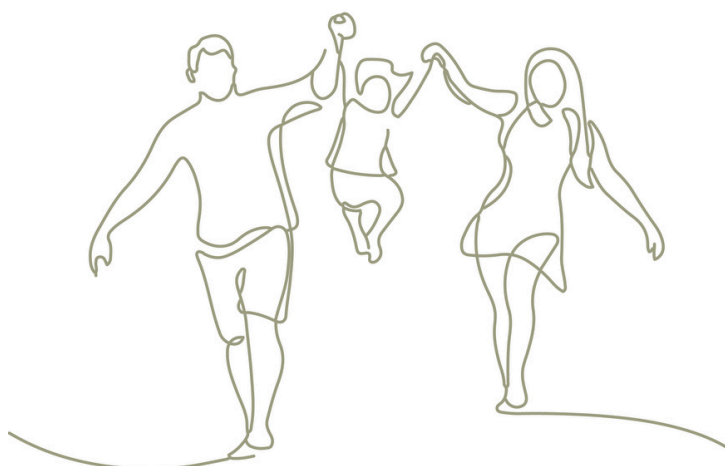
Supported by Speech Pathologist and Occupational Therapist

9.30-11am

Open to parents of any age & their children 0-5yrs

Starts Thurs 15th Oct - 10th Dec

Cartwright public school



Please Note:
all programs require registration

To register, please text us on:

0409 974 577

or email us:

KRTNE-VillageConnect@health.nsw.gov.au



Baby Sensory

(babies 0-12months)

For parents 25yrs & under.

Stimulate your baby's senses through songs, play, movement, lights, textures, and fun activities that support early development

Young Parent Playgroups/walking groups:

Designed especially for young parents and children aged 0-5 years. Connect with other young families, access support, and enjoy a fun space where children can play, learn, and grow. Locations: Campbelltown, Oran Park , Tahmoor & Wingecarribee

Circle of Security (CoS)

An 8-week course designed to provide you with tools to develop and maintain strong bonds with your child. Learn to understand your child's emotional world by reading their emotional needs, helping them feel secure and fostering a thriving relationship. FREE Creche & Snacks provided

The Dad Pack

Coffee & play in the park .
Join our Father inclusion support worker Sean, and other dads for coffee, conversation, & connection. Build your village while enjoying the outdoors and accessing support when you need it

My toddler & me playgroup

For Children aged 1-2years.
Live toddler coaching through play!
Join our 8-week toddler parenting group to learn tips for building a strong bond and supporting your toddler's development. Get live coaching and support to help you connect better with your little one

Liverpool Antenatal, Growing together hub

Are you 25 or under and planning to birth at Campbelltown or Liverpool Hospital? Come along and connect with other young parents as we chat about pregnancy, birth, parenting, housing, relationships, and more - so you feel prepared and supported when bub arrives!

Cartwright and Mini mates playgroups

For parents and children aged 0-5 years. Connect with other families, access support through our HEO's, SP and OT, and enjoy a fun space where children can play, learn, and grow. Mini Mates (Campbelltown) is a sensory friendly all abilities space for parents and children who might find other playgroups overstimulating or overwhelming

Parenting after trauma

A 5 week program (in-person) for parents who've experienced tough or traumatic times. Learn how trauma affects parenting, build trust and healthy attachment with your child, and gain simple, supportive strategies to strengthen your relationship and create a safer home.

FREE Creche & Snacks provided

Bringing Up Great Kids & 123 Magic Inclusive

These sessions are a chance to connect with other parents, build strong and nurturing relationships with your kids, learn about early child development, and boost your confidence and parenting skills.

123 magic for parents of children 2-12years

Bringing up great kids for parents of children 0-12years

We'll have free Creche & snacks to make it easier for you to join in

Counselling with Catholic Care @ VC

Our friends at CatholicCare provide free fortnightly counselling sessions from the Village Connect office. Access support in a familiar, comfortable environment, with free crèche available for your little ones while you attend

Coffee & Chat - mums

Motherhood has its challenges and joys. Join us for a relaxed social group where you can connect with other mums, build your village, and access support from our friendly team. This one is open to mums of any age with children 0-5yrs!

Love Bites - Healthy Relationships

Love Bites is a 2-day program for parents, covering healthy relationships, consent, and safe choices. Build confidence, respect, and safety in your relationships. Must attend both days. Free childminding & lunch provided!