

MON	TUES	WED	THURS
Coffee & Chat Mums social group 10 - 11am For Mums of any age & their kids 0-5yrs Mon 12th Oct - 7 th Dec (school term only) Fresh Break Macarthur Square (Infront of Lincraft) Coffee is on us!	Tahmoor Young Parent Playgroup 10 - 11.30am For parents 25yrs & under & their kids 0-5yrs Tues 13 th Oct - 8 th Dec Community Links, Tahmoor	Campbelltown Young Parent Playgroup 9.30 - 11am For parents 25yrs & under & their kids 0-5yrs Wed 14 th Oct - 9 th Dec Village Connect Office Campbelltown	Mini Mates Playgroup Supported by Speech Pathologist and Occupational Therapist 9.30 - 11am For parents of any age & their kids 0-5yrs **This is a sensory safe and all abilities space** Thurs 22nd Oct - 10 th Dec Village Connect Office Campbelltown
Oran Park Messy Play Young Parents group 10 - 11.30am For parents 25yrs & under & their children 0-5yrs Mon 12th Oct - 7 th Dec Julia Reserve Youth Centre Oran Park	Counselling with Catholic Care @ Village Connect Fortnightly on Tuesdays 1hour appointments Times available: 10.15am, 11.30am & 1pm Village Connect Office Campbelltown Onsite creche available	The Dad Pack Park, play & coffee 9.30 - 10.30am Open to Dads of any age & their children 0-5yrs Wed 14 th Oct - 9 th Dec Campbelltown Location Further details provided at registration	Cartwright Playgroup Supported by Speech Pathologist and Occupational Therapist 9.30 - 11am Open to parents of any age & their children 0-5yrs Thurs 15th Oct - 10 th Dec Cartwright Public School
Baby Sensory 10 - 11am For parents 25yrs & under & their children 0-12 months Mon 16th Nov - 7th Dec Village Connect Office Campbelltown		Wingecarribee Play & Connect 9.30 - 10.30am For parents 25yrs & under & their children. Wed 15 th Oct - 9 th Dec Burradoo Park Farm 6 Railway Rd, Burradoo	Liverpool hospital Antenatal Group 12pm - 1.15pm For expectant parents 25yrs & under birthing at Liverpool / Campbelltown Hospital. Support person or partner welcome! Starts Thurs 15 th Oct - 12 th Nov Liverpool Hospital
Parenting after trauma training 12.30pm - 2.30pm For parents 25yrs & under Starts Mon 26th Oct - 23 rd Nov Village Connect Office Campbelltown Onsite creche available	Please Note: all programs require registration To register, please text us on: 0409 974 577 or email us: KRTNE-VillageConnect@health.nsw.gov.au		Drop in/one off events: • First Aid Training - Sept (young parents group) • Love Bites - Oct

Baby Sensory

(babies 0-12months)

For parents 25yrs & under.

Stimulate your baby's senses through songs, play, movement, lights, textures, and fun activities that support early development

Young Parent Playgroups/walking groups:

Designed especially for young parents and children aged 0-5 years. Connect with other young families, access support, and enjoy a fun space where children can play, learn, and grow. Locations: Campbelltown, Oran Park , Tahmoor & Wingecarribee

Circle of Security (CoS)

An 8-week course designed to provide you with tools to develop and maintain strong bonds with your child. Learn to understand your child's emotional world by reading their emotional needs, helping them feel secure and fostering a thriving relationship. FREE Creche & Snacks provided

The Dad Pack

Coffee & play in the park . Join our Father inclusion support worker Sean, and other dads for coffee, conversation, & connection. Build your village while enjoying the outdoors and accessing support when you need it

My toddler & me playgroup

For Children aged 1-2years. Live toddler coaching through play! Join our 8-week toddler parenting group to learn tips for building a strong bond and supporting your toddler's development. Get live coaching and support to help you connect better with your little one

Liverpool Antenatal, Growing together hub

Are you 25 or under and planning to birth at Campbelltown or Liverpool Hospital? Come along and connect with other young parents as we chat about pregnancy, birth, parenting, housing, relationships, and more - so you feel prepared and supported when bub arrives!

Cartwright and Mini mates playgroups

For parents and children aged 0-5 years. Connect with other families, access support through our HEO's, SP and OT, and enjoy a fun space where children can play, learn, and grow. Mini Mates (Campbelltown) is a sensory friendly all abilities space for parents and children who might find other playgroups overstimulating or overwhelming

Parenting after trauma

A 5 week program (in-person) for parents who've experienced tough or traumatic times. Learn how trauma affects parenting, build trust and healthy attachment with your child, and gain simple, supportive strategies to strengthen your relationship and create a safer home.

FREE Creche & Snacks provided

Bringing Up Great Kids & 123 Magic Inclusive

These sessions are a chance to connect with other parents, build strong and nurturing relationships with your kids, learn about early child development, and boost your confidence and parenting skills.

123 magic for parents of children 2-12years

Bringing up great kids for parents of children 0-12years

We'll have free Creche & snacks to make it easier for you to join in

Counselling with Catholic Care @ VC

Our friends at CatholicCare provide free fortnightly counselling sessions from the Village Connect office. Access support in a familiar, comfortable environment, with free crèche available for your little ones while you attend

Coffee & Chat - mums

Motherhood has its challenges and joys. Join us for a relaxed social group where you can connect with other mums, build your village, and access support from our friendly team. This one is open to mums of any age with children 0-5yrs!

Love Bites - Healthy Relationships

Love Bites is a 2-day program for parents, covering healthy relationships, consent, and safe choices. Build confidence, respect, and safety in your relationships. Must attend both days. Free childminding & lunch provided!